

|  |
| --- |
| **School Counseling Program Newsletter** |



|  |  |
| --- | --- |
| Shandrai Silva, School Counselor |  March 2018 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Counselor Message** March marks the beginning of spring - a time of rejuvenation and rebirth. What a wonderful time of year to re-evaluate goals, monitor progress, and make any necessary adjustments. As school counselor at Hawks Nest, I am committed to re-evaluating the school counseling program to ensure the program is meeting the socio-emotional, cognitive and career development needs of all students.  As we “spring” into a new season, the school counseling program will continue with classroom guidance lessons, small group counseling and individual meetings with students. This month, we will begin learning more about College & Careers in classroom guidance classes. We’re also participating in another school-wide service project in March.  Looking forward to another great  month at the Nest!**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |
| --- |
| **How to see the school counselor** |

Classroom guidance classes are weekly based on grade level specials schedule. Small group counseling and individual counseling by self -referral, parent referral, teacher referral, administrator referral or counselor initiated.

|  |
| --- |
| Contact School Counselor at 704-866-8467or sosilva@gaston.k12.nc.us.  |

  |

|  |
| --- |
| **Home of the Hawks** |

Image result for what's happening clipart   **We supporitng the Rondald McDonald of**  **Charlotte in their effort to be “a home**  **away from home” for families. Collection**  **dates: March 12 – March 23, 2018.** **Women History Month** **March 2018**2018 WHM postcard front | **Character Education****“We’re Soaring with Good Character”**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_The character trait of the month is **Good Judgment**. Good Judgment means to choose worthy goals; thinking through the consequences of your actions; and basing your decisions on wisdom and good sense.**“Intelligence plus character- that is****the goal of true education.”****Dr. Martin L. King, Jr.**Image result for building relationships with students   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Career Day is Friday, April 27th**  |