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| **School Counseling Program Newsletter** |



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| Shandrai Silva, School Counselor | March 2018 |

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| **Counselor Message**  March marks the beginning of spring - a time of rejuvenation and rebirth. What a wonderful time of year to re-evaluate goals, monitor progress,  and make any necessary adjustments. As school counselor at Hawks Nest, I am committed to re-evaluating the school counseling program to ensure the program is meeting the socio-emotional, cognitive and career development needs of all students.  As we “spring” into a new season, the school counseling program will continue with classroom guidance lessons, small group counseling and individual meetings with students. This month, we will begin learning more about College & Careers in classroom guidance classes. We’re also participating in another school-wide service project in March.  Looking forward to another great  month at the Nest!  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**   |  | | --- | | **How to see the school counselor** |   Classroom guidance classes are weekly based on grade level specials schedule. Small group counseling and individual counseling by self -referral, parent referral, teacher referral, administrator referral or counselor initiated.   |  | | --- | | Contact School Counselor at 704-866-8467or [sosilva@gaston.k12.nc.us](mailto:sosilva@gaston.k12.nc.us). | | |  | | --- | | **Home of the Hawks** |   Image result for what's happening clipart      **We supporitng the Rondald McDonald of**  **Charlotte in their effort to be “a home**  **away from home” for families. Collection**  **dates: March 12 – March 23, 2018.**  **Women History Month**  **March 2018**  2018 WHM postcard front | **Character Education**  **“We’re Soaring with Good Character”**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  The character trait of the month is **Good Judgment**. Good Judgment means to choose worthy goals; thinking through the consequences of your actions; and basing your decisions on wisdom and good sense.  **“Intelligence plus character- that is**  **the goal of true education.”**  **Dr. Martin L. King, Jr.**  Image result for building relationships with students      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  **Career Day is Friday, April 27th** |